

Study Food Values

Food provided for the family table deserves the careful thought of every housewife. Do you use thought when buying baking powder?

The quality of cake, biscuits and all quickly raised flour foods depends largely upon the kind of baking powder used.

Royal Baking Powder is made from cream of tartar derived from grapes. It is absolutely pure and has proved its excellence for making food of finest quality and wholesomeness for generations.

Royal Baking Powder contains no alum nor phosphate.

ROYAL BAKING POWDER CO.
New York

Local Briefs

J. A. McDermott was in Virginia last week.

Miss Cassie Walker is the guest of Mrs. J. D. Tuggle this week.

BORN—to Mr. and Mrs. C. M. Kelton a fine boy May 19th.

Dr. C. A. Bromley went to Winchester last Sunday night.

Mrs. J. D. Tuggle made a trip to Corbin and returned in one hour and fifteen minutes last Sunday in her Grant Six Auto.

Dr. Leslie Logan was in Middlesboro Thursday. He was called to the Evans Hospital at that place to perform an operation.

J. M. Robison and R. N. Jarvis attended Sunday School somewhere in Laurel County last Sunday.

Dr. Wington is going to start hair from a dog to growing on sheep, so as to fool the dogs.

We have added many new subscribers to our list—we want you to come on in and patronize your home paper.

Jesse Fisher of Bell Jellico was here Wednesday and purchased an auto which he will run between Foremiles and Bell Jellico.

Roe Dixon is trying to cross beans and pokesalet, by planting both in the same row, he says by doing this the product will come in three weeks earlier.

Dr. J. A. Lowery, President of the Baptist Institute preached at Artemus Saturday and Sunday.

Dr. E. T. Franklin, President of Union College came home last Saturday from Saratoga Springs, N. Y. where he had been attending the Methodist conference.

D. B. Faulkner of Swan Lake was here Wednesday, and called at this office and exchanged several pleasant reminiscence, we are always glad to have this old veteran of Free Masonry with us. Come in again "Uncle Boone".

one of the most useful men that we have had for some time.

Mr. and Theo. Lockhart, of Corbin, were here last Saturday and Sunday visiting W. C. Lockhart and family.

HUBBARD—Born, to Mr. and Mrs. J. F. Hubbard, Monday, a fine boy.

The members of the graduating class of Union College were entertained at the Luncheonette Tuesday night after the exercises. Ice cream and cake was served. Those present were:—Martha Francis Albright, Samuel Petty Franklin, Odis Elizabeth Fuller, Carl Wendell Haggard, Margaret Nelle Jones, Karl Euart Lewis, Katherine Kinnard Lock, Stuart Doak Miller, Mary Dowis Sampson, Pauline Steele Sampson, Winford Bailey Sampson, Joel Dale Stansbury, Clarence Swearingen, George William Thomas.

HEALTH AFFECTS MAN'S VIEWPOINT

Half Sick Persons See Life From Viewpoint of Pessimist.

The condition of a man's health always affects to a marked extent his mental attitude towards life in general.

This fact is so universally admitted that columns in the newspapers are devoted to "Dyspepsia Philosophy," and of all ailments it is safe to assert that stomach diseases work more havoc with human machinery than all other disorders combined.

Of all the ills, chronic dyspepsia is probably the most common. Its causes, characterizations and results are many. Skilled specialists have been unable to cope with this almost universal malady. However, old Mother Nature, who, after all, is the ideal physician, in combination with skill in chemistry, has compounded in her inexhaustible laboratory a marvelous remedy for this trouble.

It would be almost impossible to describe the sufferings that this dread disease has brought to mankind. The most common symptoms are pains in the stomach, a dull, heavy, bloated feeling, loss of appetite, headaches, nausea, dizziness, coated tongue, fitful sleep, loss of energy, nervousness and melancholia.

Tanlac, the great reconstructive tonic, appetizer and builder of worn-out tissues, compounded after years of study, was designed to check this distressing condition. Its purposes are to restore a healthy, normal appetite, good, sound, restful sleep, end nervousness, revive lost energy—in short, to restore the stomach to the habit of doing a full day's work and doing it efficiently.

This Master Medicine is composed entirely of roots, herbs, flowers and barks gathered from the remote corners of the earth and is compounded today under the personal direction of Joseph Von Trimbach, the chemist who created the Tanlac formula.

Thousands of men and women who have found relief from their sufferings through the Tanlac treatment are daily acknowledging their gratitude for this wonderful reconstructive tonic.

Tanlac is now being introduced in Barbourville at the Herndon Drug Co., where its merits are being explained daily by the Tanlac Man.

Tanlac may be obtained in the following nearby towns, Elys, New Hughes-Jellico Coal Co; Bradel, Trosper Coal Co; Artemus, L. T. Helton & Co; Wilton, Jellico Coal Co; Gray, C. B. Donaldson & S. E. Owens & Co; Corbin, Archers Pharmacy; Pineville, Chas. Gragg; Shamrock, Climax Coal Co; Middlesboro, Frank L. Lee; Gatliff, Gatliff Coal Co.; Williamsburg, E. E. Nelson; Dry Hill, E. Nolan.

OLDER BUT STRONGER

To be healthy at seventy, prepare at forty, is sound advice, because in the strength of middle life we too often forget that neglected colds, or careless treatment of slight aches and pains, simply undermine strength and bring chronic weakness for later years.

To be stronger when older, keep your blood pure and rich and active with the strength-building and blood-nourishing properties of Scott's Emulsion which is a food, a tonic and a medicine to keep your blood rich, alleviate rheumatism and avoid sickness. No alcohol in Scott's.

Scott & Bowne, Bloomfield, N. J.

Teachers Elected For Public School

Teachers elected for Public School, for year beginning first Monday after County Fair Sept. next, are as follows:

H. M. Oldfield, Principal 3rd and 4th High School.

W. C. Faulkner, Asst. Principal 7th and 8th grades.

Eugene Spurlock, A. B. 1st and 2nd High School.

Ora Bartin, 4th and 6th grades.

Rosa Parker, 5th grade.

Zella Pelley, 2nd and 3rd grades.

Mary Willie Prater, 1st grade.

This is a strong Faculty and each member has specialized in his or her particular work.

The Board of trustees is proud to make this announcement to the public. Water works will be completed in public school building this summer.

W. C. Black, Chairman.

City High School Commencement

The public is invited to attend the following exercises to be held at High School Auditorium:—

Sunday May 28, 11 A. M.

Baccalaureate Sermon

Dr. C. A. Bomley.

Thursday night, June 1, 8 P. M.

Annual Exercises, 8th. Grade

Address Hon. J. M. Robison.

Friday June 2, 8 P. M.

Commencement Exercises of High School, Class Address by

Rev. J. W. Ligon

Don't Drink Stored Water!

from a tank that is bound to get foul, when it costs but 5c a thousand gallons for pure water "direct from well" with the

Milwaukee Air Power Water System

The pump goes direct into well and supplies constant never-failing pressure. Just like drawing water from a tubbing spring. Forbids and suits water. No better farm fire protection known.

Free Catalog

DEALER'S NAME

Henry H. Walker,

Barbourville, Kentucky.

ADAMANT FLOOR PAINT

See Get

You'll Be Proud of Your Floors

when they are attractively painted with this high-quality paint, and you'll soon realize how much scrubbing it will save you.

Pee Gee Adamant Floor Paint dries over night

and gives your floors a beautiful, sanitary, high-gloss finish—comes in nine colors.

Ask for Color Card.

FREE—Illustrated Booklet: "How to Paint Them." Ask for it at this store.

A Pee Gee Finish for Every Purpose

Crowley Hrdw. & Grocery Company



A real Guarantee

To be more than a mere "scrap of paper," a guarantee must be absolute—and backed by a concern able and willing to make it good.

The General's guarantee is not only absolute; it is backed by a business operating the world's largest roofing mills, and making one-third of all the roll roofing made in America. That's the guarantee behind

Certain-teed Roofing

The guarantee is for 5, 10 or 15 years, according to ply (1, 2 or 3). There is no evasion about it—no attempt to substitute a high-sounding something "just as good." There is no substitute for a real guarantee. You get an absolute guarantee on CERTAIN-TEED because the General knows that no better roofing can be made. Its raw materials and method of manufacture are both certified by the General's board of graduate chemists, and he knows he's taking no chance in guaranteeing them to you. That's what "CERTAIN-TEED" means—certified and guaranteed. Experience has proven that the guarantee is conservative, and that CERTAIN-TEED will outlast the period of guarantee.

The roofing felt, as it comes bone dry from the rollers, is given a thorough saturation of a special blend of soft asphalt, the formula of the General's board of expert chemists. It is then given a harder coating of another blend of asphalt. This keeps the inner saturation soft, and prevents the drying-out process so destructive to ordinary roofing. Roofing is impervious to the elements only so long as the asphalt saturation lasts. CERTAIN-TEED retains its soft saturation, and is in good condition for years after the harder, drier kinds have become useless.

CERTAIN-TEED is made in rolls; also in slate-covered shingles. There is a type of CERTAIN-TEED for every kind of building, with flat or pitched roofs, from the largest sky-scraper to the smallest residence or out-building.

CERTAIN-TEED is sold by responsible dealers all over the world, at reasonable prices. Investigate it before you decide on any type of roof.

General Roofing Manufacturing Company

World's Largest Manufacturers of Roofing and Building Papers

NEW YORK CITY Chicago Philadelphia St. Louis Boston Cleveland
Pittsburgh Detroit San Francisco Cincinnati New Orleans
Los Angeles Minneapolis Kansas City Seattle Indianapolis
Atlanta Richmond Houston London Sydney

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CROLEY HARDWARE & GROCERY COMPANY, Distributors, Barbourville, Ky.

Republican National Convention

June 7th to 10th.

"THE SOUTHLAND" TO CHICAGO—

LOUISVILLE & NASHVILLE to Cincinnati

PENNSYLVANIA LINES to Chicago

In arranging your trip to the Republican National Convention—consider your own comfort and use "THE SOUTHLAND," the most complete all-steel train from the South to Chicago.

"THE SOUTHLAND" entire train—Coaches and Sleeping Cars—from your home to Chicago WITHOUT CHANGE.

SCHEDULE AND FARES

Leave Knoxville.....12:29 Noon

LaFollette.....1:59 P. M.

Williamsburg.....3:10 P. M.

Corbin.....3:29 P. M.

London.....3:50 P. M.

Berea.....5:03 P. M.

Richmond.....5:18 P. M.

Winchester.....6:01 P. M.

Lexington.....5:30 P. M.

Karis.....6:38 P. M.

Cynthiana.....6:58 P. M.

Arrive Chicago.....7:24 A. M.

FROM CUMBERLAND DIV. — L. & N.

Leave Norton.....6:05 A. M.

Appalachia.....6:30 A. M.

Big Stone Gap.....6:42 A. M.

Pennington.....7:18 A. M.

Middlesboro.....12:40 Noon

Pineville.....1:14 P. M.

Barbourville.....1:52 P. M.

Arrive Corbin.....2:40 P. M.

Tickets will be sold June 3rd to 6th

Valid for return trip to June 21st inclusive

Stop-over at Cincinnati if desired, going and returning

The Terminal at Chicago is the Pennsylvania Union Passenger Station, in the very heart of the Convention City—only a short distance to Hotels.

CORTRIGHT Metal Shingles

ARE FIREPROOF

They will save in insurance on your house, for they can't burn. And in addition they are permanent, weather-proof, fine in appearance and inexpensive.

For Sale by

J. H. BLACKBURN, Barbourville, Ky.

Listen, YOU AUTO OWNER!

How good is a guarantee?
JUST AS GOOD AS THE MAN
BACK OF IT AND NO BETTER.

After trying several Machinists we have found one that we are willing to guarantee. We want your patronage. If our service is not just what YOU want, it will cost you nothing—You take no risk—You can't lose if you deal with us.

We carry a full line of Tires and all accessories for YOUR machine.

We are able and anxious to make good all our promises. Make us prove this to you.

Logan & Archer.